



Transition Kerry

Biodiversity & Climate

Community Leadership Programme

Biodiversity is the foundation of all life on earth and its interconnections

***Introduction:
Context Setting
& Group
Formation***



Introduction: Context Setting & Group Formation

Group Exercise:

Introduction and Formation Using River Of Life

River of life is a visual narrative method and was used so that participants could introduce themselves and each other in a fun, descriptive and engaging way. It enabled people to bond quickly and share valuable life experiences relevant to the programme.

Participants were asked using various prompts to reflect on their own journey that has led them to committing to participate in an 18 month Biodiversity, Climate Change and Community Leadership programme

“in navigating your path/river, it can be helpful to look back on the shape it has already taken — to take inventory of all the moments, places and people that have honed you and brought you to this programme”.

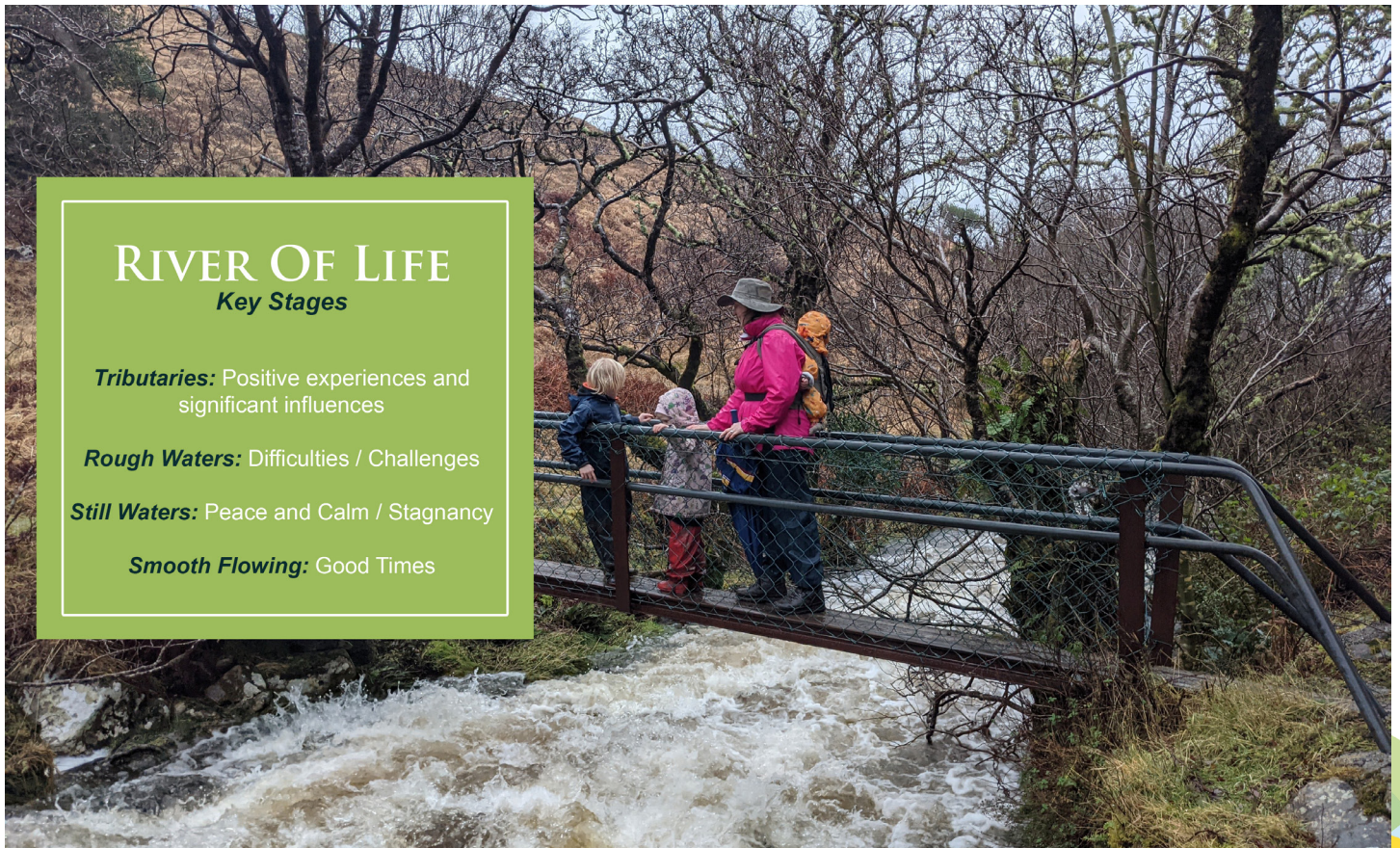
Resources:

River of Life Exercise

<https://onbeing.org/wp-content/uploads/2019/05/on-being-river-of-life-exercise.pdf>

River of Life

<https://www.iied.org/sites/default/files/pdfs/migrate/G02828.pdf>



RIVER OF LIFE

Key Stages

Tributaries: Positive experiences and significant influences

Rough Waters: Difficulties / Challenges

Still Waters: Peace and Calm / Stagnancy

Smooth Flowing: Good Times

FUTURE
Do We Want?



www.transitionkerry.org



Group Exercise:

Context setting and Reflective Practice

Group Contracting for the Programme and Clarification of Expectations and Concerns took place with each group. An overview of the programme and the methodology was discussed

Participants were given journals and introduced to the concept of reflective practice which is an integral part of the whole systems approach used throughout the programme.



Gibbs Reflective Cycle: <https://spielverlagerung.com/2018/03/07/what-is-reflective-practice/>

