



Transition Kerry

# Biodiversity & Climate

**Community Leadership Programme**

*Biodiversity is the foundation of all life on earth and its interconnections*

***Leadership  
& Power***



# Leadership & Power

*As for the best leaders, the people do not notice their existence.  
The next best, the people honour and praise.  
The next, the people fear: and the next, the people hate ...  
When the best leader's work is done the people say,  
"We did it ourselves!"*

Lao-

## Group Exercise:

The concept of Leadership and particularly in the context of Community Leadership and Activism was explored.

### Some Characteristics of Leadership that were Discussed

- Honesty
- Transparency
- Integrity
- Charisma
- Ability to organise
- Thoroughness
- Fairness
- Loyalty
- Dependability
- Ability to listen
- Respect for the people
- Ability to communicate
- Trust

## Group Exercise: (In Small Groups)

### Reflect on times you have taken on a leadership role/shown leadership?

- In your community/at home/at work?
- What were the Qualities required?
- Challenges?
- Learnings?

WE NEED  
LEADERSHIP



*"To lead people, walk beside them" ...  
LAU TZU, 6th Century, BC*

What  
FUTURE  
Do We Want?



[www.transitionkerry.org](http://www.transitionkerry.org)



**Group Exercise:**

**Powerful people Tend To Be:**

Participants reflected in their Journals on the question, **Powerful people tend to be...**

These reflections were shared with the group and led to insightful discussions on the perception of Power

Power Over	Power With
<ul style="list-style-type: none"> <li>• Win-Lose</li> <li>• Inhibits diversity and feedback.</li> <li>• A commodity</li> <li>• Oppositional</li> <li>• Defensive</li> <li>• Fear is intrinsic to this model</li> <li>• Dominant</li> <li>• Fosters mental rigidity.</li> <li>• Suspect</li> <li>• A noun...what we have</li> <li>• Ego-centric</li> </ul>	<ul style="list-style-type: none"> <li>• Open and responsive</li> <li>• Strengths and relationships</li> <li>• Emergence and synergy</li> <li>• An evolving process</li> <li>• Collaborative</li> <li>• New possibilities and capacities</li> <li>• What can I give?</li> <li>• What can I offer?</li> <li>• A verb...what we do</li> <li>• Compassion and connection</li> <li>• Aligned with vision and values</li> <li>• Eco-centric</li> </ul>

**Group Exercise:**

**Empowerment**

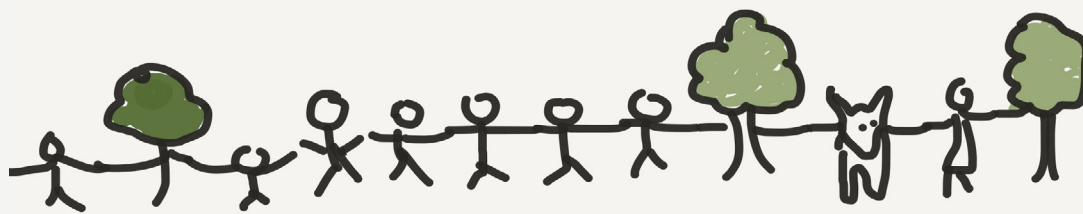
*In pairs participants reflected on the following questions in a listening exercise*

1. *I empower myself by...*
2. *What empowers me is....*

**Group Exercise:**

**Making A Difference**

- *Remember a time when you did something that made a difference*
- *In groups of 3-4..what were the strengths that helped you play this role?*



**BUILDING COMMUNITY RESILIENCE**

*Lois Lest*

**Resources:**

**Radical Transformational Leadership**

<https://youtu.be/P8w9k0JNnko>

<https://www.youtube.com/watch?v=i2hvsHOLMVU&t=17s> (16.27)

**Coming Back to Life, The Updated Guide to the Work that Reconnects, Joanna Macy and Molly Brown**

**Active Hope, How to Face the Mess We're in without Going Crazy, Joanna Macy & Chris Johnstone**

