



# **Transition Farming & Biodiversity**

***Introduction:  
Context Setting  
& Group  
Formation***



# Introduction: Context Setting & Group Formation

## Group Activity:

### Introductions Using Photo Speak/Talk

Participants were asked using a wide range of photos on regenerative and ecologically sustainable farming topics, to reflect on their own journey and what has led them to committing to participate in an 18 month long Transition Farming programme. This was a fun activity that enabled participants to bond quickly and share valuable life experiences relevant to the programme

Participants shared their photos in pairs and introduced each other to the larger group

## Group Exercise:

### Context Setting & Reflective Practice

As well as getting to know each other, Group Contracting for the Programme, the types of farming participants are engaged in, expectations and concerns for the programme were clarified.

Participants were given an overview of biological and ecological farming systems which included establishing the farm as a resilient and sustainable island with circular economy principles at its core.

We explored how we could feed the Kingdom by 2030 and watched a short clip on “Soils For Food Security and Climate” <https://www.youtube.com/watch?v=AY9YVwJZDvw>

Manna Organic Farm was introduced to participants through the “Farming for Nature” video which was a valuable learning and demonstration resource throughout the programme <https://www.farmingfornature.ie/nominees/thomas-and-claire-oconnor/>

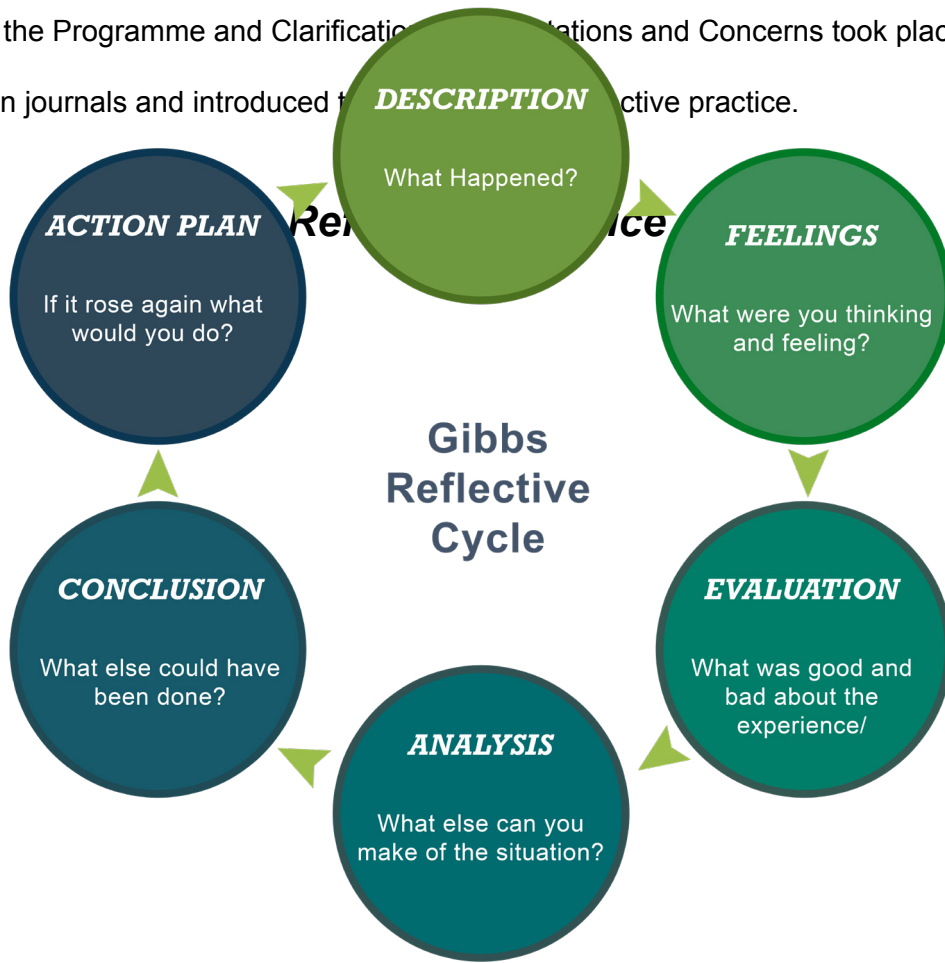
The methodology for the Transition Farming programme was discussed

Participants were given journals and introduced to the concept of reflective practice which is an integral part of the whole systems approach used throughout the programme

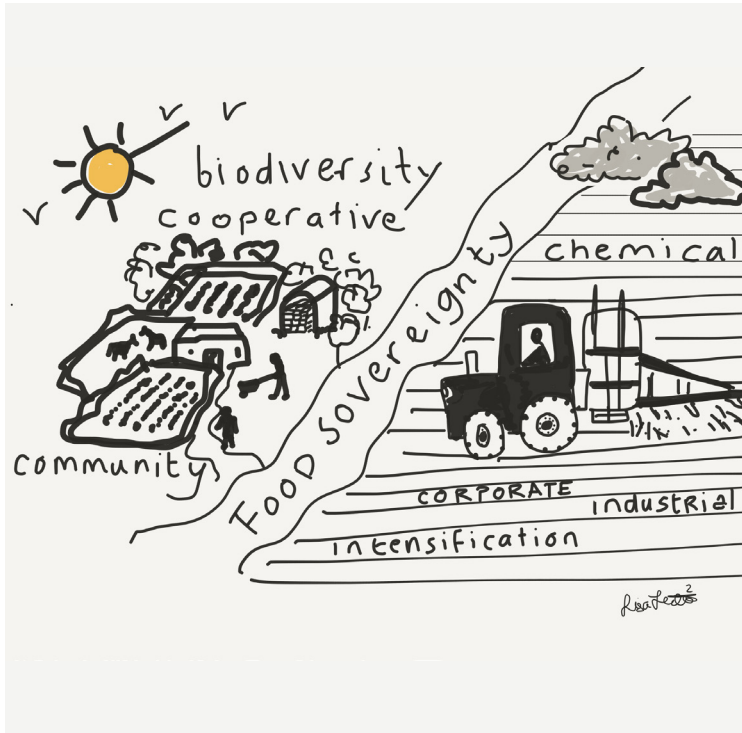


# Session 1. Gibbs Reflective Cycle

Group Contracting for the Programme and Clarification of Expectations and Concerns took place with each group. Participants were given journals and introduced to reflective practice.



"A century ago we were all farmers"  
-JOHN GIBBONS



[www.transitionkerry.org](http://www.transitionkerry.org)

